

トレーニングルーム 専用予約スケジュール

ご予約可能期間
 ご予約前期間
 ●・・・空き
×・・・予約済み

7月13日 現在

	7月											8月																									
	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		
	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金		
9:00 トレーニングルーム①	×	×	●	×	×	×	×	×	×	●	●	●	●	×	×	●	×	●	×	×	●	×	×	×	●	●	●	×	×	×							
9:00 トレーニングルーム②	×	×	●	×	×	×	×	×	×	●	●	●	●	×	×	●	×	●	×	×	●	×	×	×	●	●	●	×	×	×							
9:00 全面	×	×	●	×	×	×	×	×	×	●	●	●	●	×	×	●	×	●	×	×	●	×	×	×	●	●	●	×	×	×							
10:00 トレーニングルーム①	×	×	●	×	×	×	×	×	×	●	●	●	●	×	×	●	×	●	×	×	●	×	×	×	●	×	●	×	×	×							
10:00 トレーニングルーム②	×	×	●	×	×	×	×	×	×	●	●	●	●	×	×	●	×	●	×	×	●	×	×	×	●	●	●	×	×	×							
10:00 全面	×	×	●	×	×	×	×	×	×	●	●	●	●	×	×	●	×	●	×	×	●	×	×	×	●	×	●	×	×	×							
11:00 トレーニングルーム①	×	×	●	×	×	×	×	×	×	●	●	●	●	×	×	●	×	●	×	×	●	×	×	×	●	×	●	×	×	×							
11:00 トレーニングルーム②	×	×	●	×	×	×	×	×	×	●	●	●	●	×	×	●	×	●	×	×	●	×	×	×	●	●	●	×	×	×							
11:00 全面	×	×	●	×	×	×	×	×	×	●	●	●	●	×	×	●	×	●	×	×	●	×	×	×	●	×	●	×	×	×							
12:00 トレーニングルーム①	●	×	●	×	×	×	×	●	×	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●						
12:00 トレーニングルーム②	●	×	●	×	×	×	×	●	×	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●						
12:00 全面	●	×	●	×	×	×	×	●	×	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●						
13:00 トレーニングルーム①	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●						
13:00 トレーニングルーム②	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●						
13:00 全面	●	●	●	×	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●						
14:00 トレーニングルーム①	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●						
14:00 トレーニングルーム②	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●						
14:00 全面	●	●	●	×	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●	●	●	●	×	●	●	●	●	●	●						
15:00 トレーニングルーム①	●	●	●	×	●	×	●	●	●	×	●	×	●	●	●	●	×	●	×	●	●	●	×	●	●	●	×	●	×	●	●						
15:00 トレーニングルーム②	●	●	●	×	●	×	●	●	●	×	●	×	●	●	●	●	×	●	×	●	●	●	×	●	●	●	×	●	×	●	●						
15:00 全面	●	●	●	×	●	×	●	●	●	×	●	×	●	●	●	●	×	●	×	●	●	●	×	●	●	●	×	●	×	●	●						
16:00 トレーニングルーム①	●	●	●	×	●	×	●	●	●	×	●	×	●	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
16:00 トレーニングルーム②	●	●	●	×	●	×	●	●	●	×	●	×	●	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
16:00 全面	●	●	●	×	●	×	●	●	●	×	●	×	●	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
17:00 トレーニングルーム①	●	●	●	×	●	×	●	●	●	×	●	×	●	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
17:00 トレーニングルーム②	●	●	●	×	●	×	●	●	●	×	●	×	●	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
17:00 全面	●	●	●	×	●	×	●	●	●	×	●	×	●	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
18:00 トレーニングルーム①	●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
18:00 トレーニングルーム②	●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
18:00 全面	●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
19:00 トレーニングルーム①	●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
19:00 トレーニングルーム②	●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
19:00 全面	●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
20:00 トレーニングルーム①	●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
20:00 トレーニングルーム②	●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						
20:00 全面	●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	×	×	●	●	×	×	×	●	●						

* 毎週土曜日に更新予定

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9:00	レーン①	×	×	●	×	×	×	×	×	×	休館日	●	●	●	●	×	×	●	●	●	●	●	×	×	●	●	●	●	●	×	休館日																							
	レーン②	×	×	●	×	×	×	×	×	×		●	●	●	●	×	×	●	●	●	●	●	×	×	●	●	●	●	●	×																								
10:00	レーン①	×	×	●	×	×	×	×	×	×		●	●	●	●	×	×	●	●	●	●	●	×	×	●	●	●	●	●	×																								
	レーン②	×	×	●	×	×	×	×	×	×		●	●	●	●	×	×	●	●	●	●	●	×	×	●	●	●	●	●	×																								
11:00	レーン①	×	●	●	×	×	×	×	×	●		●	●	●	●	×	×	●	●	●	●	●	×	×	●	●	●	●	●	×																								
	レーン②	×	●	●	×	×	×	×	×	●		●	●	●	●	×	×	●	●	●	●	●	×	×	●	●	●	●	●	×																								
12:00	レーン①	×	●	●	×	×	×	×	×	●		●	●	●	●	×	●	×	×	●	●	×	×	●	×	×	●	●	×	×																								
	レーン②	×	●	●	×	×	×	×	×	●		●	●	●	●	×	●	×	×	●	●	×	×	●	×	×	●	●	×	×																								
13:00	レーン①	●	●	●	●	×	●	●	●	●		●	×	●	●	●	●	×	×	×	●	×	●	●	×	×	×	●	×	●																								
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	×	×	●	●	×	●	●	×	×	×	●	×	●																								
14:00	レーン①	×	●	●	×	×	×	×	×	●		休館日	×	×	×	×	×	●	×	×	×	×	×	×	●	×	×	×	×	×		×	×	×	休館日																			
	レーン②	×	●	●	×	×	×	×	×	●			×	×	×	×	×	●	×	×	×	×	×	×	●	×	×	×	×	×																								
15:00	レーン①	×	●	●	×	×	×	×	×	●			×	×	×	×	×	●	×	×	×	×	×	×	●	×	×	×	×	×		×																						
	レーン②	×	●	●	×	×	×	×	×	●			×	×	×	×	×	●	×	×	×	×	×	×	●	×	×	×	×	×		×																						
16:00	レーン①	×	●	●	×	×	×	×	×	●			×	×	×	×	×	●	●	×	×	×	×	×	●	●	×	×	×	×		×																						
	レーン②	×	●	●	×	×	×	×	×	●			×	×	×	×	×	●	●	×	×	×	×	×	●	●	×	×	×	×		×																						
17:00	レーン①	×	●	●	×	×	×	×	×	●			×	×	×	×	×	●	●	×	×	×	×	×	●	●	×	×	×	×		×																						
	レーン②	×	●	●	×	×	×	×	×	●			×	×	×	×	×	●	●	×	×	×	×	×	●	●	×	×	×	×		×																						
18:00	レーン①	×	●	●	×	×	×	×	×	●			×	×	×	×	×	●	●	×	×	×	×	×	●	●	×	×	×	×		×																						
	レーン②	×	●	●	×	×	×	×	×	●			×	×	×	×	×	●	●	×	×	×	×	×	●	●	×	×	×	×		×																						
19:00	レーン①	●	●	●	×	×	×	×	●	●	×		×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●																								
	レーン②	●	●	●	×	×	×	×	●	●	×		×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●																								
20:00	レーン①	●	●	●	×	×	×	×	●	●	×		×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●																								
	レーン②	●	●	●	×	×	×	×	●	●	×		×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●																								

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